



BCDE & NSS BUREAU



SRI PADMAVATI MAHILA VISVAVIDYALAYAM: TIRUPATI

REPORT ON AWARENESS PROGRAMMES ON HAND WASH

in connection with

GLOBAL HAND WASHING DAY

Organised by

NSS BUREAU

&

DEAN, STUDENT'S AFFAIRS

Submitted to

Board for Community Development through Education (BCDE)

Government of Andhra Pradesh

Tadepalli, Guntur District

Andhra Pradesh

October-November, 2025

BCDE & NSS BUREAU
SRI PADMAVATI MAHILA VISVAVIDYALAYAM
(WOMEN'S UNIVERSITY), TIRUPATI.

Action Plan for Global Hand Washing Day Awareness Program

To meet the target of making Andhra Pradesh a “HEALTHY and WEALTHY AP” the following activities are planned and conduct by Sri Padmavati Mahila Visvavidyalayam, Tirupati.

I. Awareness programs within the University:

Sl. No.	Activity	Target Group	Time & Date
1.	An Awareness programme on Hand Washing	Sulabha workers of SPMVV	23.10.2025 At 11.00AM
2.	Orientation Program on Need and importance of Hand Wash	Students of SPMVV	24.10.2025 At 4 PM

II. Community outreach initiatives:

Sl. No.	Activity	Target Group	Time & Date
1.	Awareness Program on Hand Washing	Students of SVU Campus High School, Tirupati.	31-10- 2025
2.	Sensitization & Demonstration program on Hand Washing for Health	School children of Thummalagunta village Tirupati.	06-11- 2025

III. Engagement through practical efforts:

Sl. No.	Activity	Target Group	Time & Date
1.	Sensitization & Demonstration program on Hand Washing for Health	Anganwadi School children in Venkatapuram Village, Renigunta, Tirupati.	07-11- 2025
2.	Demonstration of Hand Washing	Govt. Primary school children in LB Nagar, Tirupati.	31-10- 2025

The following program are jointly organized by the NSS Cell and Dean, Student Affairs, SPMVV.,Tirupati, Andhra Pradesh.

Report of Global Handwashing Day

This program jointly organised by NSS Bureau and NSS units: IX,X&XII in collaboration with Health Center SPMVV

In recognition of Global Handwashing Day in October, SPMVV has conducted an awareness programme on 23/10/2025 " Global Handwashing Day "to promote the critical importance of hand hygiene in preventing disease and saving lives. This year's global theme, "Be a Handwashing Hero!", encourages every individual to take simple yet lifesaving action to protect themselves and their communities.

The campaign emphasizes that this simple, affordable practice is one of the most effective ways to prevent the spread of infectious diseases, including respiratory infections like the flu and diarrheal illnesses. This program jointly organised by NSS Bureau in collaboration with Health Center SPMVV. In this Dr.B.Prabhavathi and Dr.Sai Sree from Health Center actively motivated and demonstrated the way of hand washing effectively and healthily. NSS Coordinator Prof.I.V.Latha Kumari initiated the prime motto of the session and Dean ,Student Affairs Prof.K.Usha Rani explained the importance of hygiene to all the sulabha workers of SPMVV. Mr.G.Muni Krishna Reddy ,Technical Officer spoke the need of cleanliness. Program Officers of Unit-IX Dr.V.Jyotsna Kalpana, UnitX Mrs.M.Pallavi, Unit-XII Mrs.R.Divya actively participated







SRI PADMAVATI MAHILA VISVAVIDYALAYAM, TIRUPATI

NSS UNIT 14

DEPARTMENT OF SOCIAL WORK



**Orientation Session on “Hand Wash for a
Healthy Life and Healthy AP” on 24.10.2025**

**SRI PADMAVATI MAHILA VISVAVIDYALAYAM
(Women’s University)**



Tirupati, Andhra Pradesh-517502, India

Accredited with “A+” Grade by NAAC

ISO 21001 : 2018 Certified



**On the eve of
Global Hand Washing Day**

NSS Bureau

(NSS Unit II, XIV & XIX)

Organising

Orientation Session on

HAND WASH

for Healthy life & Healthy AP



Resource Person

Dr.V.Chandra Sekhar

Associate Professor

Dept of Community Medicine

SVIMS-Sri Padmavati Medical College for Women, Tirupati

Prof.I.V.Lalitha Kumari

NSS Program Coordinator

Prof.K.Usha Rani

Dean Students Affairs

Date: 24.10.2025

Time: 4pm

Venue: Dhriti Multipurpose Hall, SoET, SPMVV

An **Orientation Session on “Hand Wash for a Healthy Life and Healthy AP”** was organized by NSS Units 2, 14, and 19 on behalf of the NSS Bureau, Sri Padmavati Mahila Visvavidyalayam (SPMVV), Tirupati, on 24.10.2025 on the eve of Global Handwashing Day, in response to the call given by the Board of Community Development through Education, Government of Andhra Pradesh, Guntur. The program aimed to promote good hygiene practices and create awareness on the importance of hand washing among NSS volunteers.



The session began with a warm welcome address by Dr. S. Vajeetha Bhanu, NSS Programme Officer, Unit 14, followed by the introduction of the guest by Dr. Bhargavi, NSS Programme Officer, Unit 19. After the invocation, Prof. I. V. Lalitha Kumari, NSS Programme Coordinator, presided over the session and addressed the volunteers on the importance of the orientation program, emphasizing the need to spread the message of hand hygiene to the community.



The Resource Person, Dr. V. Chandra Sekhar, Associate Professor, SVIMS–Sri Padmavati Women’s Medical College, Tirupati, delivered an enlightening and interactive session. He highlighted that hand washing, though a simple act, is one of the most effective ways to prevent

infections and promote community health. Dr. Chandra Sekhar explained the WHO-recommended steps of effective hand washing and demonstrated the process using coal powder and hand wash, providing participants with a clear and practical understanding of proper hand hygiene techniques. He also took pledge on the Hand wash from all the volunteers.



Prof. K. Usha Rani, Dean, Student Affairs, also addressed the volunteers and spoke about the importance of cleanliness, particularly hand hygiene. She emphasized that maintaining cleanliness in daily life is essential for ensuring good health and well-being.

The event was highly informative, practical, and engaging. All NSS volunteers actively participated and understood the importance of incorporating hand washing into their daily routine as a step toward building a healthier community.



The session concluded with a Vote of Thanks proposed by Dr. Y. Sunitha, NSS Programme Officer, Unit 2, who expressed heartfelt gratitude to the resource person, dignitaries, organizers, and all participants for their active involvement in making the program a grand success.

Sri Padmavati Mahila Visvavidyalayam Observes Global Handwashing Day with Orientation Session

(Capital Information)

Tirupati, Oct 24 : The NSS Bureau (Unit II, XIV & XIX) of Sri Padmavati Mahila Visvavidyalayam (SPMVV), Tirupati, successfully organized an orientation session on the occasion of Global Handwashing Day. The session, held in the Dhruti Multipurpose Hall, focused on the theme: "Hand Wash for a Healthy Life and Healthy AP."

The session featured Dr. V. Chandra Sekhar, Associate Professor, Department of Community Medicine, Sri Padmavati Medical College for Women, Tirupati, as the Resource Person. In his address, Dr. Chandra Sekhar emphasized the crucial importance of handwashing as an essential part of hygiene. He clearly explained its vital role in boosting immunity and preserving



public health. He called upon the students to adopt good hygiene habits and take the initiative to create awareness among others in the community.

Prof. I.V. Lalita Kumari, NSS Programme Coordinator, and Prof. K. Usha Rani, Dean of Student Affairs, praised the hard work of the NSS volunteers for ensuring the successful execution of the event. The seamless organization of the session was facilitated by the dedicated efforts

of the NSS Programme Officers: Dr. Y. Sunitha, Dr. Shaikh Vajiha, and Dr. V. Bhargavi Reddy.

The event saw active participation from students, faculty, and NSS volunteers, who collectively demonstrated their strong commitment to health awareness and social responsibility. The orientation session successfully highlighted the simple yet profound impact of hand hygiene on achieving a healthier life and a healthier state of Andhra Pradesh.

ఇది బహుస్థాయిలను మూలంగా ఉంచుతూ ముఖ్యంగా వ్యక్తి అన్నాయి.

హెల్త్ లైఫ్ హెల్త్ ఏపీ అంశంపై ఓరియంటేషన్



తిరుపతి ఏడ్యుకేషన్ మేజర్స్ :

పద్మావతి మహిళా వర్సిటీ ఎన్ఎస్ఎస్ బ్యూరో ఆధ్వర్యంలో ప్రపంచ హ్యాండ్ వాషింగ్ డే సందర్భంగా శుక్రవారం ధృతి హాలులో హ్యాండ్ వాష్ ఫర్ హెల్త్ లైఫ్ అండ్ హెల్త్ ఏపీ అంశంపై ఓరియంటేషన్ సెషన్ను నిర్వహించారు.

ఈ కార్యక్రమానికి ముఖ్యఅతిథిగా పద్మావతి మెడికల్ కళాశాల అసోసియేట్ ప్రొఫెసర్ డాక్టర్ వి చంద్రశేఖర్ హాజరై పరిశుభ్రతలో భాగమైన చేతులు శుభ్రత ప్రాముఖ్యతను వివరించారు. రోగనిరోధకత, ప్రజారోగ్య పరిరక్షణలో దీని పాత్రను స్పష్టం చేశారు. విద్యార్థులు మంచి పరిశుభ్రత అలవాట్లు అలవరచుకోవాలని, ఇతరులకు కూడా అవగాహన కల్పించాలని ఆయన పిలుపునిచ్చారు. ఈ కార్యక్రమంలో ఎన్.ఎస్.ఎస్ ప్రోగ్రామ్ కోఆర్డినేటర్ ప్రొ.ఐ.వి. లలిత కుమారి, డీన్ స్టూడెంట్ అఫైర్స్ ప్రొ.కె.ఉషా రాణి, డా.వై.సునీత, డా.షేక్ వజీహా, డా వి.భార్గవి రెడ్డి పాల్గొని ఎన్.ఎస్.ఎస్ వాలంటీర్ల కృషిని ప్రశంసించారు. ఇందులో నిధానంగా బాధాపూర్వకంగా సాగింది.

REPORT ON AWARENESS PROGRAM ON HAND WASH

Venue: Model Primary School, L.B.Nagar, Tirupati.

Date: 31.10.2025 at 2.00PM

Organized by: NSS UNIT I, Sri Padmavati Mahila Visvavidyalayam, Tirupati

An awareness program on proper hand washing was conducted at Model Primary School, L.B. Nagar, with the objective of educating students about the importance of hand hygiene in preventing diseases. The program was attended by students from Classes 1 to 5, along with their teachers and staff members.

The event began with a brief introduction on the role of hand washing in maintaining health and preventing the spread of infections such as cold, flu, diarrhoea, and COVID-19. A short video and a demonstration were presented to show the correct steps of hand washing as recommended by WHO, including the use of soap, water, and the 20-second rule.

Dr B.Vishali, The NSS Programme Officer of Unit I highlighted the essential occasions when hand washing is most necessary, including before meals, after using the restroom, after playing, and after coughing or sneezing. This was followed by a live, step-by-step hand wash demonstration conducted by NSS volunteers Ms. Suma Vallika and Ms. Sushma, students of M.Sc. II Year from the Department of Applied Mathematics. They clearly illustrated the proper handwashing technique and explained its importance in preventing the spread of infections. Students actively participated by asking questions and later took part in a quiz based on the session.

The program helped students understand that hand washing is a simple, effective, and inexpensive method to stay healthy. The headmaster, Sri Rammohan Reddy thanked the organizing team and encouraged students to spread the message at home and in their community. The event concluded with a pledge by all students to follow proper hand washing habits daily.

Outcome:

- Increased awareness among students about personal hygiene
- Active participation and hands-on learning
- Promotion of lifelong healthy habits





REPORT ON WASH PROGRAM CONDUCTED AT

SVU CAMPUS SCHOOL, TIRUPATI

NSS Coordinator, SPMVV: Prof.I.V.Lalitha Kumari

NSS Unit XXII PO: Dr.R.Bharathi,

NSS Unit XVII : Dr.Santhi Sree

Date: 31st October 2025

Objectives

- ✓ **To create awareness** among students about the importance of hand hygiene and personal cleanliness in preventing diseases.
- ✓ **To demonstrate the WHO-recommended steps** for proper hand washing with soap and water.
- ✓ **To educate students** on maintaining hygiene in their daily life, including before eating, after using the toilet, and after playing.
- ✓ **To promote healthy habits** and instill a sense of responsibility toward personal and community hygiene.
- ✓ **To encourage behavioral change** among school children towards regular and correct hand washing practices.
- ✓ **To involve students actively** through practical demonstrations and a hand hygiene pledge for better retention and awareness.
- ✓ **To support the national mission of Swachh Bharat Abhiyan** and WHO's Global Hand washing Initiative through NSS activities.

The National Service Scheme (NSS) Units XXII and XVII of Sri Padmavati Mahila Visvavidyalayam, Tirupati organized a **WASH (Water, Sanitation and Hygiene)** awareness program at **SVU Campus School, Tirupati** as part of the health and hygiene promotion activities.

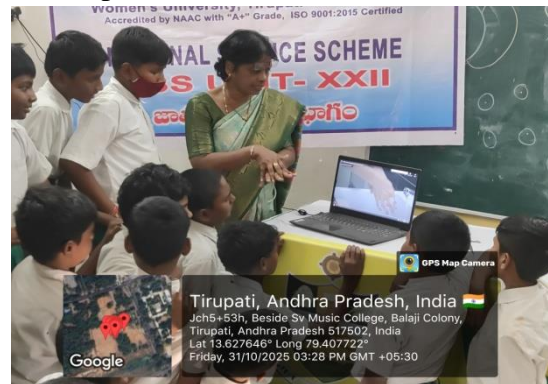
The program was conducted under the guidance and directions of **Prof. I. V. Lalitha Kumari**, NSS Coordinator, Sri Padmavati Mahila Visvavidyalayam. The event aimed to create awareness among school children about the importance of personal hygiene and proper hand washing practices to prevent the spread of infections. Prior permission was received from the head master and staff also accompanied the students throughout the programme session.

NSS Programme Officers **Dr. R. Bharathi** (Unit–XXII) and **Dr. S. Santhi Sree** (Unit–XVII) coordinated the event. The session began with an introduction to the significance of maintaining cleanliness and personal hygiene, emphasizing the role of hand washing in disease prevention.

A **demonstration of WHO's recommended steps for proper hand washing** was conducted, where students were taught the **seven steps of hand washing technique** using soap and water. The demonstration helped the students understand the correct method to ensure effective hand hygiene.

After the demonstration, all the **boys and girls students took a Hand Hygiene Pledge**, affirming their commitment to maintaining cleanliness and spreading awareness about proper hygiene practices among their peers and families. The event concluded with an interactive session where students shared their learning experiences. The school staff and students expressed their interest in practical applications.

Overall, the WASH program served as a meaningful initiative to inculcate hygienic habits among young students and promote a healthy environment in the campus.



- ✓ **WASH TECHNIQUE STEPS DEMONSTRATION**
- ✓ **INTERACTIVE SESSION WITH STUDENTS**
- ✓ **PLEDGE ON HAND HYGIENE**



Workshop on Importance of Handwashing Conducted by NSS Units III and XIII, SPMVV, Tirupati. 6.11.2025

The NSS Units III and XIII of Sri Padmavati Mahila Visvavidyalayam, Tirupati, conducted a **Workshop on Importance of Handwashing techniques** for the students of Zilla Parishad High School, Tummalagunta, Tirupati Rural. The program aimed to create awareness about personal hygiene and the importance of regular handwashing to prevent the spread of diseases.



Dr. D. Sujatha and Dr. P. Neeraja addressing the gathering

The Programme Officers Dr. D. Sujatha and Dr. P. Neeraja, enlightened the students on the significance of maintaining hand hygiene, especially before eating and after using the restroom. They explained the scientific steps of handwashing recommended by the World Health Organization (WHO) and demonstrated the correct method through a practical session.



Workshop on Importance of Handwashing Conducted by NSS Units III and XIII, SPMVV, Tirupati. 6.11.2025

The NSS Units III and XIII of Sri Padmavati Mahila Visvavidyalayam, Tirupati, conducted a **Workshop on Importance of Handwashing techniques** for the students of Zilla Parishad High School, Tummalagunta, Tirupati Rural. The program aimed to create awareness about personal hygiene and the importance of regular handwashing to prevent the spread of diseases.



Dr. D. Sujatha and Dr. P. Neeraja addressing the gathering

The Programme Officers Dr. D. Sujatha and Dr. P. Neeraja, enlightened the students on the significance of maintaining hand hygiene, especially before eating and after using the restroom. They explained the scientific steps of handwashing recommended by the World Health Organization (WHO) and demonstrated the correct method through a practical session.



Students practicing the steps in Hand wash protocol

The Headmistress Smt. Bharathi, along with teachers Smt. Nirmala and Sri Gopinath, appreciated the efforts of the NSS units and encouraged students to practice the habit daily. The students actively participated in the demonstration and pledged to spread the message of

cleanliness and hygiene among their peers and families.70 students attended the programme comprising of both boys and girls

The workshop concluded with an interactive session where the students shared their takeaways from the event. The program reflected the University's commitment to promoting health awareness and community service through its NSS units.

శుభ్రతతో వ్యాధుల నివారణ

తిరుపతి (గ్రామీణం), న్యూస్టుడే: చేతులు శుభ్రంగా ఉంటే.. సాధ్యమైనంత వరకు వ్యాధులు నివారించవచ్చని మహిళా వర్గిటీ ఎన్ఎస్ఎస్ యూనిట్ 3, 13 పీవోలు సుజాత, నీరజ పేర్కొన్నారు. మండలంలోని తుమ్మలగుంట ఉన్నత పాఠశాలలో గురువారం చేతుల శుభ్రతపై విద్యార్థులకు అవగాహన కల్పించారు. పీవోలు మాట్లాడుతూ.. ప్రపంచ ఆరోగ్య సంస్థ సూచించిన పద్ధతుల్లో చేతులు శుభ్రం చేసుకోవాలని విద్యార్థులకు సూచించారు. మంచి అలవాట్లు చిన్నప్పటి నుంచే అలవాటు కావాలని, తద్వారా ఆరోగ్యకర సమాజ నిర్మాణం సాధ్యమవుతుందని వివరించారు. కార్యక్రమంలో ప్రధానోపాధ్యాయిని భారతి, ఉపాధ్యాయులు పాల్గొన్నారు.

చేతులు శుభ్రంతో జీవితం సురక్షితం

తిరుపతి ఎడ్యుకేషన్, మేజర్ న్యూస్: మన ఇంటి పరిసర ప్రాంతాలతో సురక్షితమైన జీవితం కోసం ప్రతి ఒక్కరూ క్రమం తప్ప



కుండా చేతులు శుభ్రం చేసుకొని ఆరోగ్యంగా కాపాడుకోవాలని ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్లు డా.సుజాత డా.నీరజ తెలియజేశారు. మహిళా వర్సిటీ ఎన్.ఎస్.ఎస్ యూనిట్లు 3, 13 సంయుక్త ఆధ్వర్యంలో తుమ్మలగుంట జిల్లా పరిషత్ హైస్కూల్ విద్యార్థులకు గురువారం హ్యాండ్‌వాష్ పై అవగాహన వర్క్‌షాప్‌ను నిర్వహించారు. విద్యార్థుల్లో వ్యక్తిగత శుభ్రతపై అవగాహన కల్పించి ముఖ్యంగా చేతులు సరిగ్గా కడుక్కోవడం ద్వారా వ్యాధుల నివారణ సాధ్యమని తెలిపారు. ఈ కార్యక్రమంలో ప్రధానోపాధ్యాయురాలు భారతి, ఉపాధ్యాయులు నిర్మల, గోపీనాథ్, విద్యార్థులు పాల్గొన్నారు.

**NSS BUREAU
SRI PADMAVATI MAHILA VISVAVIDYALAYAM
(WOMEN'S UNIVERSITY), TIRUPATI**

DEMONSTRATION PROGRAMME ON HAND WASH

Demonstration Programme on Hand Wash to Anganwadi children at Venkatapuram village, Renigunta Mandal, Tirupati., conducted on 07-11-2025 by Master of Social Work Students, Department of Social Work, Sri Padmavati Mahila Visvavidyalayam, Tirupati.



The Programme aimed to create awareness on the importance of hand hygiene and its role in preventing the diseases and promoting the health of children. This demonstration has conducted to make the children how to wash their hands in an effective manner in order to promote the habit of Hand Washing among them.





Ms.Chemberi Sandhya, Master of Social Work Student (II Year), Department of Social Work, Sri Padmavati Mahila Visvavidyalayam, Tirupati., conducted the programme. Anganwadi teacher,Aya and Anganwadi Pre- School children participated in the programme.

**Prof.I.V.Lalitha Kumari
NSS Coordinator,
Dept. of Social Work,
Sri Padmavati Mahila Visvavidyalayam,
Tirupati.**

